# Multicontextual Life Cycle Framework for Clinical Assessment.

## **Horizontal Factors**

Developmental Life Cycle Transitions Larger Society Historical Events: Economics & Politics Culture Unpredictable: Community Natural Disasters Friends Accidents, Illness, **Extended Family & Informal Kin** Trauma **Immediate Family** Untimely Death Unemployment Body Migration Mind Spirit

#### **Vertical Factors**

Poverty/Politics, Racism, Sexism, Classism Homo/Bi/Transphobia, Violence, Addictions Genetic Abilities and Disabilities Family Emotional Patterns Myths, Triangles, Secrets, Legacies Religious Beliefs & Practices

### Socio-Cultural Context

Friends Community Culture Larger Society

#### Family (Immediate, Extended, and Informal Kin)

Family Life Cycle Stage and Appropriate Individual and Interpersonal Functioning for Life Cycle Circumstances Family Membership and Household Structure

Emotional and Relational Patterns: Boundaries, Communication, Triangles, Secrets, Myths, Legacies, Themes, Loss and Trauma, Strengths and Vulnerabilities or Dysfunctions Values, Beliefs, Rituals & Practices

# (Body, Mind and Spirit)

Age, Gender, Race, Ethnicity, Social Class, Religion, Life Cycle Stage, & Life Cycle Stressors Social Location, Power & Privilege Physical & Psychological Development & Health Life Skills & Self Management: Emotional & Social Competence. Education, Work, Financial Competence, Language & Communication, Language& Communication, Talents, Physical **Activities** Religious, Philosophical & Spiritual Values, Hopes & Dreams Sense of Belonging, Relationships with Family, Friends Community